

## Joplin Eagles Girls Swim Camp

Where: MSSU Pool

When: June 15, 2023

Time: 2-4 p.m.

Who: Joplin Female Student-Athletes 6-12th grade

## Swim Experience:

Experienced swim competitors to swimmers who can float on your back and swim forward on your stomach 25-50 meters (This isn't swimming lessons.)

## Agenda:

Swim Stroke Technique Swim Efficiency / Speed, Relays, Races

Sign up fee \$30 Sign up form: https://forms.gle/NVGjKwNMB8hHAWuc6

## Contact Information:

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